



PE yearly overview 2025-26

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2		
Nursery	Personal (REAL PE)		Social (REAL PE)		Cognitive (REAL PE)		Creative (REAL PE)		Physical (REAL PE)		Health and safety (REAL PE)		
Reception	Personal (REAL PE)		Social (REAL PE)		Cognitive (REAL PE)		Creative (REAL PE)		Physical (REAL PE)		Health and safety (REAL PE)		
Year 1	Personal (REAL PE)		Social (REAL PE)		Cognitive (REAL PE)		Creative (REAL PE)		Physical (REAL PE)		Health and safety (REAL PE)		
Year 2	Personal (REAL PE)		Social (REAL PE)		Cognitive (REAL PE)		Creative (REAL PE)		Physical (REAL PE)		Health and safety (REAL PE)		
Year 3	Personal (REAL PE)	Fundamental skills	Social (REAL PE)	Fundamental skills	Cognitive (REAL PE)	Handball	Creative (REAL PE)	Cricket	Physical (REAL PE)	Swimming	Health and safety (REAL PE)	Swimming	Real gym

Year 4	Personal (REAL PE)	Funda mental skills	Social (REAL PE)	Dance (Unit 2)		Fundament al skills	Handball	Creative (REAL PE)	Cricket	Physical (REAL PE)	Swimming	Health and safety (REAL PE)	Swimming	Real gym
Year 5	Personal (REAL PE)	Swimming	Social (REAL PE)	Swimming	Real gym (Last 2 weeks)	Cognitive (REAL PE)	Real dance Unit 1	Creative (REAL PE)	Real dance Unit 2	Physical (REAL PE)	Handball	Health and safety (REAL PE)	Cricket	
Year 6	Personal (REAL PE)	Swimming	Social (REAL PE)	Swimming	Real gym (Last 2 weeks)	Cognitive (REAL PE)	Real dance Unit 1	Creative (REAL PE)	Real dance Unit 2	Physical (REAL PE)	Handball	Health and safety (REAL PE)	Cricket	