



WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Beef Bolognese 🌱 🌾 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Stir Fried Vegetable Rice 🌱 🌾 🌿	Vegetarian Burger 🌱 Served with Potato Wedges	Vegetable Pastry Roll 🌱 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱 🌾 🌿 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes 🌱 🌿 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌿 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🌱 🌿 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌿 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌿 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾					
All main meals are served with two vegetables					
DESSERT	Chocolate Sponge with Chocolate Custard	Raspberry Yoghurt Cake with Fruit 🌱	Banana Cake 🌱	Original Flapjack	Vanilla Ice Cream

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain
🍏 Fruity! ❤️ Nutritionist's Choice 🇸🇦 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03, 01/04

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza ♻️ 🌱 Served with Potato Wedges	Sweet and Sour Chicken 🍷 🍷 Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Beef Keema Curry 🍷 🍷 Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
JACKET POTATO	Vegetarian Cottage Pie ♻️ 🍷 Served with Gravy	Macaroni Cheese ♻️	Cheesy Leek and Carrot Crumble ♻️ 🍷 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🍷 Served with Garlic and Herb Bread	Crispy Quorn Nuggets ♻️ Served with Chips
	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌱					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard ♻️	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Chocolate Shortbread with Fruit ♻️	Strawberry Ice Cream

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian
🐟 Oily Fish
🌱 Wholegrain
🍏 Fruity!
🍷 Nutritionist's Choice
🍷 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌿 Served with Potato Wedges	Beef Lasagne 🌿 🍷 Served with Garlic and Herb Bread	Roast Turkey Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🍷 🌿 Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
JACKET POTATO	Sweet Potato Curry 🌱 🍷 🌿 Served with Wholegrain Rice	Vegetarian Lasagne 🌱 🍷 🌿 Served with Garlic and Herb Bread	West African Vegetable Rice 🌱 🍷	Sweet and Sour Vegetables 🌱 🍷 🌿 Served with Wholegrain Rice	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌿					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake 🌱	Strawberry Jelly	Orange Drizzle with Fruit 🌱	Pineapple Upside Down Cake with Custard	Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌿 Wholegrain
🍏 Fruity! 🍷 Nutritionist's Choice 🇸🇦 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.