



## PE yearly overview 2023-24



	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2		
Nursery	Personal (REAL PE)		Social (REAL PE)		Cognitive (REAL PE)		Creative (REAL PE)		Physical (REAL PE)		Health and safety (REAL PE)		
Reception	Personal (REAL PE)		Social (REAL PE)		Cognitive (REAL PE)		Creative (REAL PE)		Physical (REAL PE)		Health and safety (REAL PE)		
Year 1	Personal (REAL PE)		Social (REAL PE)		Cognitive (REAL PE)		Creative (REAL PE)		Physical (REAL PE)		Health and safety (REAL PE)		
Year 2	Personal (REAL PE)		Social (REAL PE)		Cognitive (REAL PE)		Creative (REAL PE)		Physical (REAL PE)		Health and safety (REAL PE)		
Year 3	Personal (REAL PE)	Gym (Unit 1)	Social (REAL PE)	Gym (Unit 2)	Cognitive (REAL PE)	Handball	Creative (REAL PE)	Cricket (Lancashire cricket)	Physical (REAL PE)	Swimming	Health and safety (REAL PE)	Swimming	Real Dance
Year 4	Personal (REAL PE)	Gym (Unit 1)	Social (REAL PE)	Gym (Unit 2)	Cognitive (REAL PE)	Handball	Creative (REAL PE)	Cricket (Lancashire cricket)	Physical (REAL PE)	Swimming	Health and safety (REAL PE)	Swimming	Real Dance

<b>Year 5</b>	Personal (REAL PE)	Swimming	Social (REAL PE)	Swimming	Real Dance (Last 2 weeks)	Cognitive (REAL PE)	Real gym Unit 1	Creative (REAL PE)	Real gym Unit 2	Physical (REAL PE)	Handball	Health and safety (REAL PE)	Cricket
<b>Year 6</b>	Personal (REAL PE)	Swimming	Social (REAL PE)	Swimming	Real Dance (Last 2 weeks)	Cognitive (REAL PE)	Real gym Unit 1	Creative (REAL PE)	Real gym Unit 2	Physical (REAL PE)	Handball	Health and safety (REAL PE)	Cricket

\*2 year timetable 24/25 Real gym will be replaced with Real dance to ensure full coverage of both.